

LifeGroup Study Sheet

March 13th, 2022 - Cultural Crisis – Addiction

This guide is designed to help in preparing you for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

Evaluate and discuss this definition of addiction: "Running to anything other than God to fulfill you in a way that eventually enslaves you."

How have you seen this in someone's life? How have you seen this in your own life?

Digging In

Question 1: Genesis 3:1-24. Pastor Jeff talked about **the problem** of addiction. It takes its form in many ways, but those are merely symptoms of the true problem. How does this passage talk about the root of the problem of addiction? How does your life experience relate with what is talked about in Genesis 3, with the Fall? What evidence of the Fall do you see in the world and in your own life?

Question 2: Read Galatians 5:19-21, Ephesians 5:18. The coping mechanism to cover up the real problem is often the abuse of drugs and alcohol. These passages clearly teach that using alcohol in excess (drunkenness) is not the pattern of life for a Christ-follower. How do you think the list of "the works of the flesh" in Galatians 5 relates to the topic of addiction?

Read 1 Corinthians 6:9-12. How does this passage allow you to reflect of the phrase, "all things are lawful for me, but not all things are helpful."

Question 3: Read Jeremiah 17:14, Psalm 46:1, Matthew 11:28-30. Pastor Jeff asked the question, "Who or what do you run to when you're stressed?" Answering this question genuinely will often help us identify what we are relying on. What are practical habits you practice helping you run to Christ? How have you seen other habits in your life hurt your relationship with Jesus?

How do you think Jesus can literally provide "rest for your soul?"

Question 4: Read Romans 1:24-25. Pastor Jeff said that “addiction is a form of idolatry.” How does this passage affirm this statement? Evaluate this principle of “worshipping and serving the creation rather than the Creator.” How would you define addiction considering this passage? How would you identify addiction in your own life with this passage in mind?

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?