

LifeGroup Study Sheet

March 27th, 2022 - Cultural Crisis – Battle of our Mind

This guide is designed to be helpful in preparing you for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

Our strongest or most consistent thoughts are the direction that our lives will go. Where do you think your life is headed, based on your thought life? Is there anything you would like to change about your destination?

Digging In

Question 1: Read 1 John 2:15-17, Read James 1:13-15. Pastor Jeff explained the desires we have that are not directed or focused on the will of God – “the desires of the flesh, eyes, and pride of life.” How do you think these things are related in 1 John and James when it comes to addictions like pornography? How is this beneficial to know these things as a Christ-follower?

Question 2: Read 1 John 1:9, Job 31:11, Philippians 4:8. The mark of a Christ-follower is confessing where sin is present, protecting our eyes and renewing our minds. These practices are normal in the life of a Christian because of their fellowship with God. What are practical ways you stay current with these practices? Which one of these is most difficult for you to practice consistently?

Question 3: Read Hebrews 12:1, Ecclesiastes 4:9-10. The removal of certain things in our life is required for us to properly “run the race” that Jesus has given us. What sort of things in your life are slowing you down when it relates to your walk with Jesus? Who is coming along side you to encourage you and spur you on? **Proverbs 27:17.**

Question 4: Read Romans 7:22-23, 1 Corinthians 2:16, 2 Corinthians 10:3-5. Pastor Jeff challenged us in winning the battle of our minds. There will always be a cultural “issue” that Christ-followers will need to interact with, and address with a biblical worldview. We must train ourselves to think how Jesus thinks (**Romans 12:1-2**). To win the battle of our minds there were 3 practices we were challenged to do:

1. Recognize Satan's plan to wage war in our minds.
2. Remember we have the mind of Christ.
3. Rely on God's weapons to win.

Reflect on these practices. How are you doing these things? Where do you need the most help? How does Satan attack your mind specifically? Pride, laziness, negativity, comparing yourself to others, etc.?

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?