

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

Meditate and think about this statement, "What you idolize is what you do with your solitude." Write down your thoughts about this statement. Do you agree, disagree? Why or why not?

Digging In

Question 1: Read John 15:1-11. Pastor Jeff said that our phones and social media can dictate how and what we "abide" in. One of the characteristics of a Christ-follower is abiding in our relationship with Jesus and making that "our home." What do you think that looks like on a daily level? How does your phone/social media take away from that? What are the dangers of abiding in something other than "the true vine?"

Question 2: Read Joshua 1:7-8, Psalm 1:2. Often our phones are where we turn to for answers when we have questions. This is not necessarily a bad thing, but how quickly do we turn to our phones for answers instead of God's Word and our prayer life? Google, WebMD and Wikipedia are all helpful tools (sometimes not so helpful), but God wants us to turn to Him ultimately before other things. How do you meditate on God's Word? What are normal practices for you? If you don't have any, what could they be? What are practical ways to remind yourself to turn to Jesus first instead of just using a tool God has given us to answer our questions?

Question 3: Read Galatians 1:10. The appeal of our phones and social media is tied to the sense of gaining approval with other people. The addictive part of social media can be how it creates an identity for us and who we portray to be. How have you seen this play out in your life or someone you know? How does social media feed the phrase Paul talks about "seeking the approval of man?" What are ways you can guard your own heart from falling into this?

Question 4: Read 2 Corinthians 4:17-18. Pastor Jeff challenged us to focus on "things that are unseen" because ultimately that is what is eternal. When it comes to your phone or social media, do those things help you "look to" the eternal things Paul reminds us of in these verses? Or do they get you to focus on the "seen" things? Evaluate the time you spend on your phone or social media. What does it allow your attention to go to? How much of your attention? Are there any changes you need to make in relation to those practices?

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?