

LifeGroup Study Sheet



<u>May 21st, 2023 – Red Letters: Gospel of Mark (part 17)</u>

This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

Have you ever been in the middle of a bad storm? Whether it was a hurricane, a tornado, a bad snowstorm, etc. What were some of your thoughts while you were in that storm? What did you try to do while you were in the storm?

Digging In

Question 1: Read Mark 4:35-41. Pastor Jeff shared a principle about this story and that was <u>"Jesus cares about my storm."</u> The storm in this story is an actual storm with wind and rain. But in our lives, we go through metaphorical storms. How do you see Jesus caring about the circumstances that the disciples are going through? How does that apply to your life?

Question 2: Read Mark 4:37-40. These verses reveal two other principles that Jesus makes clear; that He is in control and that He can calm my storm! Jesus shows his ultimate control and power over even the wind and the waves. Notice Jesus' question, "why are you afraid, where is your faith?" Fear and worry are tied to not knowing what is going to happen. Faith is the assurance of things hoped for, the conviction of things we do not see (**Hebrew 11:1**). How is Jesus asking you to stop being anxious, afraid, or worrisome? In what ways do you need to remind yourself of God's promises toward you?

Question 3: Read Mark 4:41. While the storm was going on, the disciples were gripped with fear. But verse 41 should stand out to us. After the storm had been calmed, the immediate danger had passed, the Scriptures teach that the disciples were in "great fear" after seeing Jesus' power. They had seen the work of God himself. How should seeing God's power in our life produce a similar response? In what ways can you be reminded of God's power in your life?

Taking it Home

Reflect on this application principles Jeff gave at the end of the sermon:

1. I have your promise (vs. 35 – "let us go to the other side")

- 2. I have your presence (vs. 36 "in the boat")
- 3. I have your <u>power</u> (vs. 39 "quiet, be still')
- 4. I have your peace (vs. 39 "completely calm")
- 5. I have your protection (vs. 40 "why are you so afraid")
- 6. I have your <u>purpose</u> (vs. 40 "Do you still have no faith?")

Praise / Prayer Requests

Pray for your group with these things in mind:

<u>Adoration</u> – How can I praise God for what this teaches me? <u>Confession</u> – What sin can I confess because of what this teaches me? <u>Thanksgiving</u> – How can I thank God for what Jesus has done? <u>Supplication</u> – What do I need to ask of God in order to grow in light of this?