

LifeGroup Study Sheet**April 21st, 2024 – 6 Prayers That Will Change You!**

This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

What do you do with your “down” time? What do you benefit from or gain in that time? How often are you led to pray in moments that you have open? What does spending time with God provide for you versus these other activities? (If you have no “down” time, what is preventing that?)

Digging In

Question 1: Read Ephesians 1:16-19. Pastor Jeff talked about what the bible means when it addresses the “heart.” How can the “eyes” of your heart be opened or enlightened? How does that happen and what should you see as a result? The Spirit of Wisdom (**v. 17**), refers to the working of the Holy Spirit in the life of a Christ-follower, pointing them to His Word and saving knowledge through Christ (**1 Corinth 2:6-12**). How is your prayer life allowing you to grow in your knowledge of Jesus and focus on what He has done for you?

Question 2: Read Psalm 51:1-4. This prayer is incredibly personal and intimate. The context of this prayer is David being confronted with his sin by the prophet Nathan (**2 Samuel 12:1-14**). David is pleading with God to show him mercy and to cleanse him of his sin. Have you ever prayed a prayer like that before? How do you justify your sin and try to blame other people or circumstances for your sin? (**v. 3**). How does your sin affect your relationship with God? How can this prayer help you focus on the reality of your own sin, and the ways God can cleanse you from them?

Question 3: Read Romans 15:12-13. This prayer focuses on our hope as Christ-followers and the Holy Spirit's ministry in our lives. Hope is the link word from verse 12 that shows us where our hope comes from “the root of Jesse, the ruler.” Jesus is the center of hope. How does this prayer focus you on what you hope in? The supernatural result of putting hope in Christ will lead to “joy and peace.” When in your life you are not full of joy or peace, how does this prayer show you what the problem is? The Holy Spirit is the power source for these things. Focus of these ministries of the Holy Spirit and how they work in the life of a Christ-follower.

1. He regenerates you (Titus 3:5)
2. He indwells you (I Cor. 6:19)
3. He seals you (Eph. 4:30)
4. He baptizes you (I Cor. 12:13)

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?