

**LifeGroup Study Sheet****April 28th, 2024 – 6 Prayers That Will Change You! (part 2)**

This guide is designed to give helpful hints in preparing for your group discussion.

**Quick Review**

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

**Introduction**

What are the main barriers of your prayer life? What hinders you or prevents you from praying on a consistent basis?

**Digging In**

**Question 1: Read 2 Chronicles 20 1-23.** This is can me known as the “help me” prayer. Last week we saw the first 3 prayers are the “focus” me (**Ephesians 1:16-19**), the “cleanse” me, (**Psalms 51:1-4**) and the “fill” me (**Romans 15:13**) prayers. How often in your prayer life do you immediately go to the “help” me prayer and skip the first three? Why is it so important to practice the first three prayers before going to this prayer? Jehoshaphat focuses on all the things God has done (**v.4-9**) before he gets to his requests! How does God remind you to pray out faith instead of fear (**v. 17**)? How does this idea of standing in faith correlate to **Ephesians 6**? How does Jehoshaphat's response during trouble (**v. 18-22**) give you the Godly choice of how you'll respond?

**Question 2: Read Genesis 24:12-28.** This is known as the “lead me” prayer. Abraham asks his servant to go find a wife for his son Isaac. You will notice the first thing this servant does is pray a focused prayer towards God (v.12), and a clear recognition that God is leading him in his journey (v.26). How are your prayers focused on God leading you on your earthly journey? Whether it is with your family, job, schooling? How do you pray for “success” in the way that God defines your success (v.12)? Is it possible that your goal of being successful today is not the same as God's goal for you in being successful today?

**Question 3: Read Isaiah 6:1-8.** This is known as the “use me” prayer. Isaiah sees the holiness of God (**v.2-3**), and his immediate response was to respond to realizing his own sin (**v.5**). Isaiah's experience with the grace of God dealt with his problem, and then Isaiah answered by saying “God, send me.” If you've experienced the grace of God through Christ, how are you saying to God today, “send me?” How are you regularly being reminded of God taking care of your biggest problem, sin? One author puts it this way, “God doesn't die for you, resurrect for you, cleanse you of all your unrighteousness, and just to leave you on the same trajectory you were on before you met Him. He changes the whole purpose of your entire life.”

## Praise / Prayer Requests

Pray for your group with these things in mind:

**Adoration** – How can I praise God for what this teaches me?

**Confession** – What sin can I confess because of what this teaches me?

**Thanksgiving** – How can I thank God for what Jesus has done?

**Supplication** – What do I need to ask of God in order to grow in light of this?