

LifeGroup Study SheetJune 23rd – The Lord's Supper Matters

This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

Have you ever gotten a reminder on your phone of a "memory" of a certain picture? Often my phone pops up a picture as a memory that my family and I have had. This even happens on social media of old posts or pictures. Why is it so important for us to remember key things in the past? How is it helpful for us?

Digging In

Question 1: Read 1 Corinthians 11:23-26. Pastor Jeff talked about one of the important principles of the Lord's Supper is to "look back." **Verse 25** says "do this in remembrance of me." Jesus wants us to remember how he gave his body and blood to usher in the "new covenant."

In your group, take a minute and pray/reflect on all the things the Lord has done in your life that you can remember him doing for you. Obviously, one of those things is freely offering you salvation! Provide some of the things you wrote down to share with the group.

Question 2: Read 1 Corinthians 11:27-28. Pastor Jeff talked about another principle to remember when going through the Lord's Supper: "look within." The principle of "examining" one's own life and heart is important when taking communion. What Jesus asks of us; He also shows us how to do it. Jesus' death was selfless and sacrificial for others. How do you regularly examine your own heart to make sure we have the same attitude and mind of Christ?

Read Philippians 2:1-8

Reflect on these verses and ask God to remind you of areas in your life you need to surrender, confess, or turn from to become a closer image of Jesus.

Question 3: Read 1 Corinthians 11:26. Pastor Jeff said the last thing to do when taking the Lord's Supper is to "look ahead." One thing that the Lord's Supper helps us reflect on is the future of Christ coming back, and for all things to be made right again.

Read John 14:3, Revelation 19:6-9, 21:1-4.

What does the Bible say we have to look forward to? To await with expectation? How does the Lord's Supper remind us to look forward?

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?