

LifeGroup Study Sheet



Jan 19th 2025 Holy Habits – Worship – John 12 This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

When someone says the word "worship," what thoughts immediately come to your mind? Is it always directly tied to something religious? In what ways do you think people attribute worship to something? How have you seen this in your own life or others' lives?

Digging In

Question 1: Read John 12:1-8. One of the first points Pastor Jeff brought up was the idea of worship being a "celebration." Verse 2 emphasizes that a meal was given in Jesus' honor. How often have you thought of worship in the context of being a celebration? Or even a meal? Lazarus, Martha and Mary threw Jesus a celebration to honor Jesus for what He had done! (v. 1) How can you relate this to your life when it comes to worshipping Jesus? How does this view of worship refine your idea of what worship can be in your life?

Question 2: Read John 12:3-6. Pastor Jeff also brought up two different points as it relates to worship. He said, "worship is costly and worship can be criticized." Verse 3 says that Mary took a jar of expensive oil to pour onto Jesus' feet! Do you ever think of your worship as costly? Have you ever thought about sacrificing in order to worship? Vere 5-6 shows that Judas did not see the value in sacrificing such expensive oil for Jesus. Mary did not have concern for what other people thought, and her actions might be criticized! How have you stopped yourself of worshipping because of what other people think?

Question 3: Read Romans 12:1-2. "Worship is call to faith and a commitment!" The first verse of this passage shows us "in view of God's mercy" to offer our bodies as a living sacrifice! True worship calls us to our faith in God! Worship is being reminded by the things the Lord has done for you. How do you remind yourself of the "view of God's mercies" in your own life? Evaluate the times in your life you don't worship. Most of the time it is because we have forgotten or "not kept in view" all of God's mercy towards us!

Worship is a commitment because it is ALL of us. **Verse 1** says our bodies are living sacrifices. This is our true act of worship now! With our whole life! What are ways this week, not at church on Sunday, you can present to God your body as a sacrifice to Him? Maybe it's at work, with your family, your neighbor, a friend.

Pray for your group with these things in mind:

Adoration - How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving - How can I thank God for what Jesus has done?

<u>Supplication</u> – What do I need to ask of God in order to grow in light of this?

What is worship?

1. Worship is a **celebration**

Worship

1

inward heart posture of reverence

VS

Praise



Joyful outward expression



What is worship?

- 1. Worship is a **celebration**
- 2. Worship is costly
- Worship is not about what you get, but what you give



What is worship?

- 1. Worship is a **celebration**
- 2. Worship is **costly**
- 3. Worship is sometimes **criticized**
- 4. Worship is a **call** of faith
 - 2 Chronicles 20



What is worship?

5. Worship is a **commitment**

Romans 12:1
Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship.



Holy Habits for Worship

- Prepare your heart
- 2. Focus your eyes
- 3. Show up on time
- 4. Open your mouth
- 5. Unfold your arms

