

**LifeGroup Study Sheet**Feb 16<sup>th</sup>, 2025 Holy Habits, Die to Self – Luke 9:18-27

This guide is designed to give helpful hints in preparing for your group discussion.

**Quick Review**

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

**Introduction**

A lot of us have heard growing up that we should “put others first” or to “not be selfish.” But the Bible talks about this principle of “die to self.” What does this concept mean to you? Have you ever heard of this before? Is it more than just not being selfish? Why or why not?

**Digging In**

**Question 1: Read Luke 9:18-20.** Pastor Jeff talked about “a true disciple believes who Jesus is.” In this passage Jesus asks his disciples the question, “who do the crowds say that I am?” Then Jesus asks Peter the same question, “who do you say I am?” Who we BELIEVE Jesus is matters!

Why does it matter what we believe about who God is? If someone asked you who Jesus is, what would you say? How has your belief in Jesus changed at all?

**Question 2: Read Luke 9:21-22.** The second point Pastor Jeff talked about was “a true disciple knows what Jesus did!” The main thing Jesus came to do is summarized in **verse 22**. Jesus came to suffer, be rejected, be killed and raised back to life. Why do you think it's essential to know the mission Jesus came to earth to do? Why is this so important to understand as a true disciple of Jesus?

**Question 3: Read Luke 9:26-29.** The last part Pastor Jeff talks about is “a true disciple lives how Jesus said.” These verses are well known, “deny yourself, take up your cross, follow me.” Denying yourself means you are intentionally sacrificing your fleshly desires. This past week, have you noticed this battle in your mind, heart? In what ways have you sacrificed your flesh this week? Taking up your cross means you have surrendered your will to Christ. When Jesus was in the Garden of Gethsemane (**Luke 22:42**) he committed himself to His Father's will instead of His own. How have you surrendered your will this week to Christ instead of being controlled by your will? How can you do this? The last part is “follow me.” Following Jesus means follow Jesus fully. Peter, Andrew, James and John follow Jesus by leaving everything (**Matthew 4:18-22**). How should this look in your own life?

**Question 4:** Look at these points of “Can someone be a Christian and not a disciple?”

1. Jesus taught 2 groups, not 3 (Luke 9:18)
2. Knowing about Jesus is not the same as knowing Jesus
3. Our faith is not to be separated from our following
4. Obeying Jesus is not an option
5. The call involves a cost and requires a commitment
6. Following Jesus will cost you your life, not following Jesus could cost you your eternity.

### Praise / Prayer Requests

Pray for your group with these things in mind:

**Adoration** – How can I praise God for what this teaches me?

**Confession** – What sin can I confess because of what this teaches me?

**Thanksgiving** – How can I thank God for what Jesus has done?

**Supplication** – What do I need to ask of God in order to grow in light of this?

## The Holy Habit of Denying Self

**What does it mean to deny self?**

“To die to self“

**I am completely surrendering my will  
and actively relinquishing the control of my life  
so I can be purposely transformed to God’s will**

*holy*

## A true disciple...

1. A true disciple **believes** *who* Jesus is

*holy*  
HABITS

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1. A true disciple **believes** *who* Jesus is
2. A true disciple **knows** *what* Jesus did

**holy**  
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HABITS

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1. A true disciple **believes** *who* Jesus is
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<sup>a</sup> deny self

sacrifice my flesh



this is costly

<sup>b</sup> take up cross

surrender my will



this is daily

<sup>c</sup> follow me

submit my life



this is fully

## Can I be a “Christian” and not a disciple?

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