

LifeGroup Study Sheet

March 23rd, 2025 – Holy Habits – Church

This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

What was your habit of church growing up? Did your parents take you? Grandparents? How often did you go? Maybe you didn't go to church growing up. What was the level of importance for you growing up? Has it changed at all?

Digging In

Question 1: Read Acts 2:42-47. Pastor Jeff talked about the principles of the early church and what they did when they met together. One of the “present-day” ways of “doing” church is to watch online. After reading this passage, what are your thoughts on how you lean into the community of the church? Pastor Jeff's first point was talking about the idea of **“not being isolated but integrated.”** How do you see yourself integrated into community? How have you seen isolation be detrimental to your spiritual life? What relationships do you have right now that help keep you integrated to a Christ-centered community? **Read Genesis 2:18** to help you!

Question 2: Read Acts 2:42, 44. Pastor Jeff talked about the principle of **“not just congregating but communing with each other.”** From your perspective, what do you think the differences between those two words mean? The Greek word for “fellowship” is the word “Koinonia.” This word's meaning is deeper than simply getting together with other people. The word's meaning can be translated as “joint participation or communion.” **Verse 44** even illustrates this point by saying “everyone had everything in common!” This sounds a lot deeper than simply attending a church service. Who are you communing with on a regular basis? Are they regularly reminding you or pointing you back to your relationship with Jesus? How are you doing this for others?

Read Hebrews 10:24-25

Question 3: Read 1 Corinthians 12:12-14;27, John 17:20-23. Pastor Jeff also talked about the last two principles of **“not to consume but to contribute,”** and **“not to uniformity, but to unity.”** We see in this passage of 1 Corinthians 12; we see the principle of “one body” but “many members.” All the members of the body contribute to the one body! This begs the question, do I look at church more for me to consume, or to contribute? How do you contribute? How are you using your gifts, talents, abilities and resources for His Church? How does Jesus pray for the unity of His Church in John 17? How does unity in His Church affect the world around us (**v.23**)? How do you think about your unity with other believers affects your witness to nonbelievers?

Application: The Bible uses the phrase and command “one another” close to 60 different times in the New Testament. This is the type of community Christ setup for us to practice within His body. The list below is just a small sample of these “one another” commands. Reflect and write down how you will practice some of these commands this week.

- Love one another (John 13:34; this command occurs at least 16 times)
- Forgive one another (Ephesians 4:2, 32; Colossians 3:13)
- Build up one another (Romans 14:19; 1 Thessalonians 5:11)
- Care for one another (1 Corinthians 12:25)
- Bear one another's burdens (Galatians 6:2)
- Encourage one another (1 Thessalonians 5:11)
- Pray for one another (James 5:16)
- Confess your faults to one another (James 5:16)

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?