

LifeGroup Study Sheet

March 16th, 2025 – Holy Habits – Simplicity

This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

If you asked someone at work, school, or in your family – what does living simply look like in our culture – what would their answer be? Would it be living as a minimalist? Would it be downsizing your house? Would it be getting rid of a bunch of clothes or possessions?

How do you think Jesus would define it?

Digging In

Question 1: Read 2 Corinthians 1:12. The apostle Paul talks about this principle of “behaving in the world with simplicity and godly sincerity.” The idea of simplicity can be defined as the opposite of “duplicity.” With that in mind, what do you think that looks like in the life of a Christ-follower? If we are to have a holy habit of simplicity, how do we often fall into the trap of living a duplicitous life? How does our sin affect our life of simplicity? How does the reminder of Christ's righteousness allow us to live simply based of Paul's definition here?

Question 2: Read Acts 2:42-45. This passage is a description of how the early church believers lived their lives with each other. How do you think this passage shows living simply? They (1) devoted themselves to God's word **v. 42**, (2) fellowshiped and ate together **v.42**, (3) prayed together **v.42**, (4) helped each other's financial, physical needs **v.45**. How do you think you could learn from these examples of how Christ-followers lived? How do these practices reflect the definition of what Scripture thinks living simply looks like? How do you think our culture flips this? For example, do we put a lot of other things in our life as higher priority than these things? And, when we “have time” in our schedule we put these principles into practice.

Question 3: Read Matthew 6:25-34. This is a well-known passage that tells us how to live “simply” through pursuing God's kingdom and righteousness (**v. 33**). If you were to self-reflect on some of the things that DO NOT allow you to live simply, what would some of those things be? How does what Jesus say in the passage address those things in your life right now? He tells us to “consider” the birds of the air, and the lilies of the field (**v. 26-28**). He is asking you to look at with your mind, how God takes care of those things. How can you use your faith to help remind you of how God takes care of all your needs? Ultimately, the end of the passage is to “seek first” (**v.33**). The only way to seek the Lord is THROUGH faith! This is the path to living with simplicity! **Read Hebrews 11.** All these are examples of people who lived by faith, and therefore lived with simplicity!

Application:

Hebrews 12:1-2 says we can throw off everything that hinders and sin that entangles us. To live simply, we can confess sin and repent of it. But we can also get rid of things that are slowing us down.

Write down and reflect:

1. Is there sin in my life I need to confess and repent of?
2. Are there things in my life that aren't sinful, but hindering me from living for Christ/simply?

<p>Praise / Prayer Requests</p>
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Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?