

LifeGroup Study SheetApril 27th, 2025 – A Life of Healthy Desire - Psalm 63:1-3

This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

Has there ever been a time where you kept going back to something because you thought it was the best thing offered? Later you found out, there were far superior things you simply didn't know existed. For example, you regularly went to the gas station for your coffee and later tried a cup of freshly roasted and brewed coffee from a coffee shop!? (Yes, Pastor Brad wrote this) 😊

Digging In

Question 1: Read Psalm 63:1. Pastor Jon talked about this idea that our soul's thirst for and our flesh searches for something to satisfy our desires. A relationship with the Lord is what we have been created for. However, why do you think we often try to replace the fulfillment of those desires with other things? What are some of those things you've tried to use to fulfill you? How have you seen them come up short?

Read Jeremiah 2:13

In what ways have you tried to "dig" your own cisterns, that don't hold water?

Question 2: Read Psalm 63:2. The Psalmist then talks about the power and glory that he has experienced by worshipping the Lord in the sanctuary. The sanctuary was a place of corporate and public worship! David misses the experience of worshipping the Lord and beholding His power and glory in that worship setting. How have you experienced the Lord's presence, glory and power while worshipping the Lord at church? Can you remember moments where the Lord made himself tangibly known to you in worship? How do you sometimes overlook or neglect worshipping corporately or with the Lord's people in church?

Question 3: Psalm 63:3. This verse emphasizes the Lord's steadfast love and the worship this reality will produce! How has God's love produced worship in you? One of the most famous Bible verses in the NT is John 3:16 – "For God so **loved** the world, that He gave His only begotten Son, that whoever believes in Him will never die, but have everlasting life." If you reflected on Jesus' love for you, how does it make your lips praise Him? How do you remind yourself of Christ's love for you? How do you give Him worship back with a heart of thankfulness?

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?

Confession – What sin can I confess because of what this teaches me?

Thanksgiving – How can I thank God for what Jesus has done?

Supplication – What do I need to ask of God in order to grow in light of this?