LifeGroup Study Sheet

June 25th and 28th, 2026: Romans 8:18-25

This guide is designed to give helpful hints in preparing for your group discussion.

Quick Review

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

Introduction

What is something you were absolutely convinced would be a disaster that turned out okay? What's a movie, song, or TV show you turn to when life feels hard, and why that one?"

Digging In

Question 1: Read Romans 8:18-25 "Suffering Will Be Present." The principle of this part of the passage is saying that a sin-cursed world means suffering is not an exception, it is part of life. When you go through a hard season, physically, relationally, or circumstantially; what is your first reaction? Do you tend to ask, 'why is this happening to me?' or do you expect that difficulty is just part of life?

Read 1 Peter 4:12-17

How often do you think suffering in this life is so hard for you simply because you are "surprised" by it? Think of a trial you've faced in the last year, how did it catch you off guard? Does knowing that creation itself is groaning (v. 22) change how you view your own struggles?

Question 2: Read Romans 8:18-21. "Suffering Requires a Certain Perspective." The principle in this part of the passage is the way we view our suffering changes how we endure it! Paul says our present sufferings are 'not worth comparing' to the glory ahead (v. 18). Be honest; is it easy or hard for you to hold that perspective when you're in the middle of real pain? What helps you regain an eternal view when life feels overwhelming?

What is a circumstance in your life right now that feels heavy? What would it look like to view it through the lens of future glory? Have you ever looked back on a painful season and seen God's hand in it?

Question 3: Read Romans 8:24-25. "Suffering calls us to Perseverance." The principle here is hope in God's Word and Spirit empowers us to wait well in seasons of suffering! "Romans 8:25 says we wait for God's promises 'patiently.' What does patient waiting look like in real life? What about in your marriage, your health, your finances, your prodigal child? What has helped you persevere, and where have you found God showing up when you were barely holding on?

What is a specific promise from Scripture have you clung to during a hard time? Who in your life models perseverance well? What do you see in them?

Application

1. Have you ever suffered for righteousness?
   Matthew 5:10 – Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

2. Who is your hope when life hurts?

Praise / Prayer Requests

Pray for your group with these things in mind:

Adoration – How can I praise God for what this teaches me?
Confession – What sin can I confess because of what this teaches me?
Thanksgiving – How can I thank God for what Jesus has done?
Supplication – What do I need to ask of God in order to grow in light of this?