

**LifeGroup Study Sheet**Aug 13<sup>th</sup> and 16<sup>th</sup> 2026: Romans 10:1-13

This guide is designed to give helpful hints in preparing for your group discussion.

**Quick Review**

Look back from your sermon notes – Was there anything that particularly challenged you from this sermon? Anything you didn't understand, agree with or connect with?

**Introduction**

Tell us about a time you insisted on doing something yourself, refused help, and it did not go well. What finally made you give in and let someone else fix it (or rescue you)?

**Digging In**

**Question 1: Read Romans 10:1-4.** Paul says Israel was ignorant of "the righteousness of God" and so tried to establish their own (v. 3). What is "the righteousness of God" that Paul is describing, and what does it look like, practically, to recognize it and stop trying to supply your own?

What's the difference between admiring God's righteousness from a distance and receiving it as your own standing before Him?

Where in your life right now do you find it hardest to simply receive righteousness as a gift rather than something you contribute to?

**Question 2: Read Romans 10:2-3.** Israel had "zeal for God" (v. 2), they were sincere and religious. Yet Paul says they were "seeking to establish their own" righteousness (v. 3). Where do sincerity and religious effort quietly become a substitute for trusting Christ?

What does self-righteousness actually look like in everyday life? Is it always obvious moral pride, or can it hide inside good habits, church attendance, or being "a good person"?

Why is zeal without knowledge (v. 2) dangerous? Can someone be spiritually busy and sincere and still be lost? **Read Matthew 7:21-23.**

If you're honest, what's your go-to way of trying to feel right with God apart from simply trusting Christ? Performance, comparison to others, guilt management, something else?

**Question 3: Read Romans 10:3,6-10.** Paul says Israel "did not submit to God's righteousness" (v. 3), not because Christ was hidden or unreachable (vv. 6-8, "the word is near you"), but because they would not receive Him on His terms! What keeps a person, even a religious person, from submitting to Christ's righteousness instead of their own?

Why would someone reject a righteousness that's offered freely? What does pride, fear, or unbelief have to do with it?

Verses 9-10 define saving faith as confessing Jesus as Lord and believing God raised Him. Why both? What would it mean to believe privately but never confess, or to confess outwardly but not truly believe?

Is there someone in your life who seems to be rejecting Christ's righteousness while still holding onto their own religious effort? How could this passage help you talk with them?

| Movement   | What It Looks Like in the Text                                                                                                                       | Cross-Reference                                                                                                       |
|------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| Conviction | Paul's grief and Israel's misdirected zeal (vv. 1-2) show that real faith begins with seeing your need, that your own righteousness cannot save you. | <b>2 Corinthians 7:10</b> — godly grief produces repentance leading to salvation.                                     |
| Confession | "If you confess with your mouth that Jesus is Lord..." (v. 9) — salvation is not a private opinion; it's an open declaration.                        | <b>Matthew 10:32-33</b> — whoever confesses Christ before others, He will confess before the Father.                  |
| Commitment | "...and believe in your heart that God raised Him from the dead, you will be saved" (v. 9) — heart-level trust, not mere intellectual assent.        | <b>James 2:19</b> — even demons believe and shudder; saving faith is trust that submits, not just facts acknowledged. |
| Calling    | "Everyone who calls on the name of the Lord will be saved" (v. 13), salvation is offered to all who will actually call out.                          | <b>Joel 2:32</b> (quoted in v. 13) — the promise that whoever calls on the name of the Lord will be delivered.        |

### Praise / Prayer Requests

Pray for your group with these things in mind:

**Adoration** — How can I praise God for what this teaches me?

**Confession** — What sin can I confess because of what this teaches me?

**Thanksgiving** — How can I thank God for what Jesus has done?

**Supplication** — What do I need to ask of God in order to grow in light of this?